



INTERNATIONAL INSTITUTE FOR  
CRANIOSACRAL BALANCING®

## **A Stream of Advanced Biodynamics Classes**

3 classes à 4 days each

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This set of postgraduate classes builds knowledge, perception and skills and teaches new therapeutic tools and protocols. The three classes are part of one stream that grows competences in sequence.

Advanced 1 is a prerequisite for Advanced 2 and 3.

Exceptions can be made for individuals only after consulting with the teachers.

### **Advanced 1: July 30 – Aug. 2, 2020** **Following the footprints of the Tide** Cooperating with the intention of the Tide



In this biodynamic continuous education course, we are invited to surrender to the tide and its guidance. The craniosacral practitioner refines the therapeutic competences to recognize and cooperate with the forces of the tide in action, even in those situations when there are challenges to expressing primary respiration.

The tide lays down the basics for Health, by infusing the information of the original matrix for the human being. It contributes to the formation of the body from the first moments of life, it is the force, which support the development of the individual and allows it to grow. It guides the biodynamic practitioner through the treatment and leads the unfoldment of the treatment plan.

Generally, during a session, the craniosacral practitioner relies on the involuntary rhythmic motion of the system and supports the expression of primary respiration with its beneficial and regulatory cycles.

The tide offers to the practitioner a clear baseline for evaluation of the expression of the Health in the system.

The information given by the tide received by the practitioner has a fundamental role in the development of the session.

Thanks to the practitioner's faculty of perception and discernment, the tide becomes the guide for the treatment.

Sometimes a system's vitality is dampened, potency is lowered and it is unable to express coherent and steady cycles of primary respiration.

Trauma affect, shock, toxicity in the system affect the ability of the body to respond to primary respiration and to express its motion.

When the system is not capable to express vitality, it is essential to develop tools to cooperate with the Breath of Life even when the cycles of primary respiration don't seem to be present or cannot manifest.

The tide has formed, shaped and developed the body, and it constantly regulates its function. The morphology and the shape of the body reveal its footprints. The practitioner can recognize the action of potency within the dynamics of the structures, and can read the signs of the tide as the path to reconnect with the forces of health.



The practitioner has several skills to recognize the footprints of the tide:

- knowledge of anatomy, embryology, physiology
- understanding of biodynamic principles
- a highly refined perception.

In this course, such skills will be used together as specific evaluation and treatment tools. We will also explore ways to ally with the inherent intelligence of the system, which acts as a silent partner and a guide for the orientation and maintenance of the expression of health in the individual.

### **Competences**

- Deepening of therapeutic craniosacral competences
- Specific tools to support and maintain the expression of health in the client
- Learning and practice a specific protocol to recognize the forces of health in traumatized, inert, dampened systems

### **Teachings**

- The fundamentals of biodynamic principles
- Evaluation and interaction with complex situations
- Access and maintenance of the connection with the forces of health

### **Practical application and learning objectives**

Participants are able to

- Apply and use biodynamic principles in the sessions
- Recognize the expression of health within the Tide
- Orient towards the natural organizing forces within disorganized motion
- Recognize the action of the Tide in absence of motion
- Maintain presence and centering in complex situations
- Deepen the connection of the client with the forces of health
- Cooperate with the physiological intelligence of the person



**Advanced 2: June 5 – 8, 2021**

**The Becoming of the Human Being – Biodynamics at the Beginnings of Life**  
Practical application of embryonic perceptions during craniosacral treatments



(Image credit: Wei Hsu and Shang-Yi Chiu)

Craniosacral Biodynamics is based on the understanding of the forces of life, which organize all living beings and their natural environment.

The study of embryology has always been an essential aspect of Biodynamics, as it comes closest to observe the forces of life in action.

The term biodynamic originates from the work of the German anatomist Erich Blechschmidt (1904–1992). His research shows how natural forces guide the metabolic processes of the developing embryo, therefore giving origin to the form of the body.

Those organizing and formative forces, manifest at conception and are transmuted into the embryo's fluids as an incarnating ordering principle, the one Dr. Sutherland called potency.

Potency, in fact, is the enlivening action of the Divine Love of Nature, supporting and nurturing with warmth and care the developmental gestures of the embryo.

In this vision, the embryo is the loving, alive source of Health within each of us.  
It represents the living image of the perfect Health.

The craniosacral practitioner has the privilege to directly experience the action of Nature's Love through the expression of its forming forces, which manifest within the body as:

- Inherent intelligence within fluids
- Tidal motions
- Permeation within cells and tissues
- Specific developmental growth gestures
- Vector forces in and around the body

In sessions we observe the motion and the gestures of embryonic development, responsible of generating the body. Through our conscious witnessing and *knowing, seeing, listening touch* we support the client's connection to the universal love and the original matrix.

**Course content**

- Hands-on alive embryology
- Embryology in motion and gestures of growth
- The processes of the germ layers: ecto-, meso-, endoderm
- Contact with the original matrix
- Contacting the living source



### **Learning goals**

In this very practical and hands-on course, students and professionals of a biodynamic approach learn to:

- Perceive and recognize the expression of embryological forces within the human system.
- Recognize prenatal, embryonic processes within a session and support their development during treatment.
- Sense, understand and support embryonic gestures expressed in the body as developmental forces of health.
- Supporting ignition processes.
- Work with phenomena of the midline
- Integrate developmental embryonic motions with the present unfoldment of the human potential.
- Recognize and nourish the embryo within.
- Building on pre-existing competences of Advanced 1.



**Advanced 3: May 16 - 19, 2022**  
**At the dusk of Life**  
Biodynamic principles at the end of Life



In this third module we will look at how the biodynamic principles support individuals and their families in the last stages of life, through terminal illness and in the final transition towards death.

**Contents**

Cultivating the inner state of the practitioner  
Working with the feeling states that arise  
Exploring how to be with the departing person  
Accessing the forces of health, in the most difficult circumstances  
Specific issues related to old age  
Relating to those who stay here  
Supporting transitions  
Building on pre-existing competences of Advanced 1 and 2.

Biodynamics is based on the recognition of the forces of life expressed through matter.

It is about understanding and cooperating with the natural laws, to support harmony within the whole, allowing health to orchestrate the functions of the body.

Pain and suffering are part of the human condition. In our practice we are challenged to maintain orientation towards health and the inherent intelligence of the body even in those painful circumstances, in which hope gives way to awareness of the end.

When we are confronted with the great challenges of life, such as degenerative or terminal illnesses, senility and old age or the inevitable transition to death, we are confronted with the impermanence of the body. These are the situations in which Biodynamics truly shines.

The biodynamic practitioner uses the hands to connect with the inherent health and to reestablish the wholeness of the person. When we come to wholeness, we heal.

A person can have a terminal illness and achieve healing. They can realize a state of harmony and full connection with Health, even though their body is wasting away towards death.

Is it conceivable that a person is dying as a whole in harmony, peaceful and beautiful, rather than in pieces and suffering?

In this course we will pay attention to one of the most important transitions, death.

To connect with the ever-present health, allows us to experience states of stillness and presence that connect us to divine forces, reminding us that each individual is much more than just the body.