



INTERNATIONAL INSTITUTE FOR
CRANIOSACRAL BALANCING®



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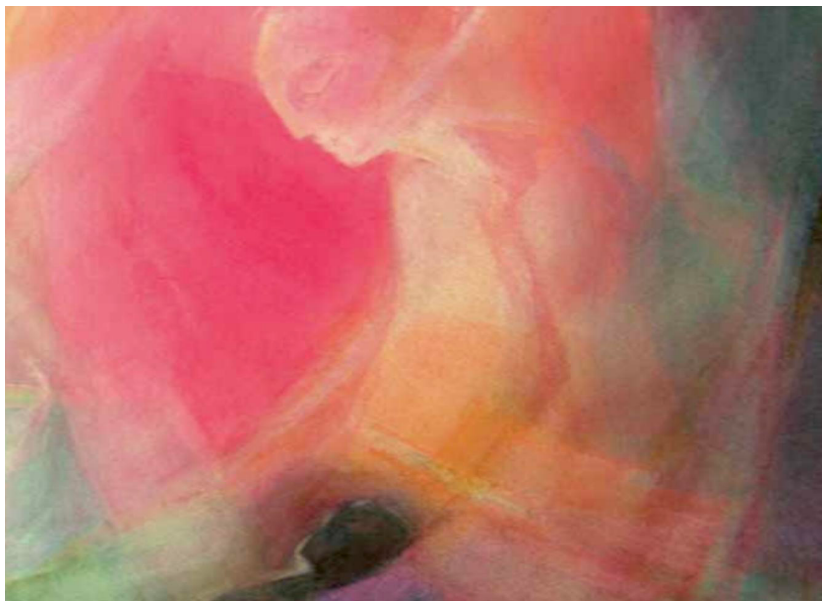
A cooperation between ICSB and MU

The dance between the inner and the outer world

Sept. 24 – 28, 2025

Advanced course in Craniosacral Biodynamics
with Kavi Gemin and Bhadrena C. Tschumi

The Heart – Face connection



*«The human face is like a living imagination that becomes visible.
It is a direct manifestation of an individual's essential being».*
Rudolf Steiner

In this course we will continue our advanced exploration of the wonders of craniosacral biodynamics. The module will focus on the embryonic development of the heart and the face and its implications for the biodynamic practice.

The anatomical, physiological and embryonic relationships between the heart and the face will be the main topics of our study and practice.

The heart is influenced by the growth of the face and the movement of the fluid body, which are orchestrated by the Tide as it expresses through the embryonic seams.

All problems related to the eyes, mouth, ears and sinuses, as well as all other head and neck problems, can be directly addressed through the seams, which also provide a gateway of communication with the wisdom and intention of the Tide, moment to moment.

The potency of the Breath of Life is manifested through the development of the facial structures as a reflection of the divine intention to create the human form. The face then becomes an expression of our essential self. When in harmony with universal principles, it becomes transparent to the qualities of Being, rather than being merely the mask of our identity.

The expression of that aliveness and authenticity becomes apparent in a glowing, authentic and youthful look and appearance. A “craniosacral facelift” as some clients report.



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Through our face, not only we respond to inputs from the environment, we also communicate our inner world to the outside world. This is also thanks to the Social Engagement System, a two-way interaction system that directly affects the heart in its connection with our facial expressions, with how we listen and how we speak and vocalize.

We will study and practice modalities to regulate the Social Engagement System, via the ventral vagus nerve, to support the ability to regulate in connection to others and to create loving, nurturing and thriving relationships.

«The face is the mirror of the mind, and eyes without speaking confess the secrets of the heart».
St. Jerome

Some learning objectives

1. Connection between face and heart
2. The viscerocranium and the stomatognathic system
3. The pharyngeal arches and the embryonic seams in normal facial development, maintenance and recovery of health
4. The Social Engagement System
5. Polyvagal theory and the connection to the limbic system and the prefrontal cortex
6. Verbal skills and verbal interaction
7. Grace in the maturing and aging of the face
8. Exercises with facial muscles and the eyes to support clients in-between sessions



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Practical information

The course is taught partly in Italian and partly in English. Translation is provided.

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| Dates: | September 24 – 28, 2025 |
| Teachers: | Kavi Gemin, MT, RCST®, BCST, SEP, Osteopata Bhadrena C. Tschumi, MA, RCST®, BCST, SEP |
| Location: | Sacro Cuore Hotel Via Gioacchino Rossini, 75 54100 Marina di Massa MS Phone 0039-0583-240083 - 0039-334-6019454 https://cpfsacrocuore.campusleonardo.it/ |
| Room reservation: | directly with Sacro Cuore Hotel |
| Certified hours: | 38 |
| Begin: | 10am Sept. 24, 2025 |
| End: | 2pm Sept. 28, 2025 |
| Price of the course | € 600.00 (see different offers at the end ¹) € 20.00 Conacreis Association Subscription |
| Room and board: | |
| Single rooms are limited: | € 95.00 full board per day |
| Double rooms: | € 85.00 full board per day |

Addresses:

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| More information about the content: | Contact ICSB |
| Information about room and board: | Associazione Culturale MU Aps |
| Registration: | Associazione Culturale MU Aps |

The course has a limited number of participants.

Registration is open until August 30th, or until maximum number is reached.

*** For registration before 30th May 2025, the price of the course is € 500.00 ***

Participation is confirmed upon receipt of € 200.00 deposit.